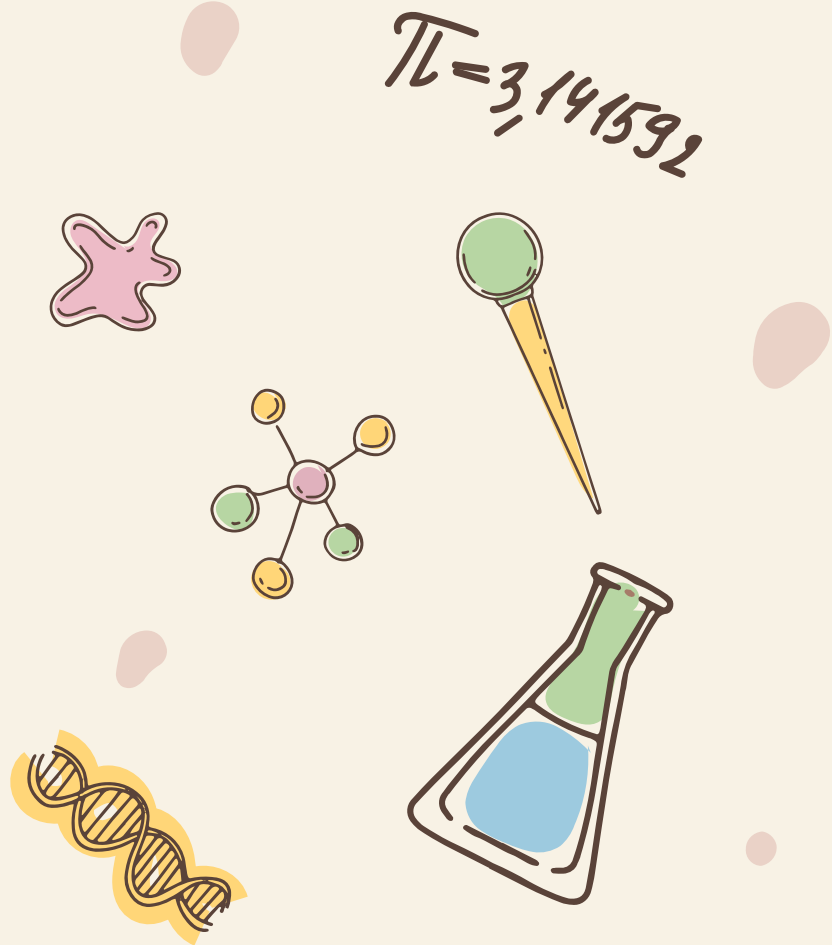
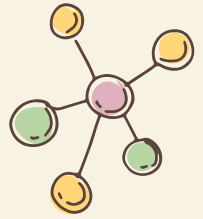


# Biology - DNA, Amino Acids and Proteins

Science 10



# Lesson Overview



01

The Central Dogma

02

Proteins and Amino Acids

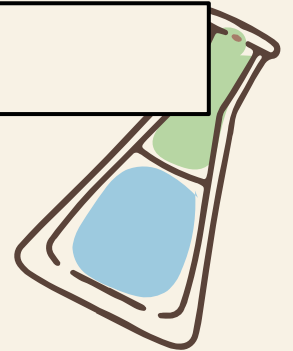
03

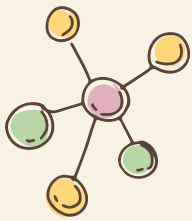
Codons and Protein  
Formation



04

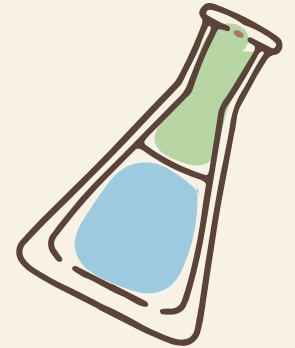
Review & Practice





# Warm Up Activity

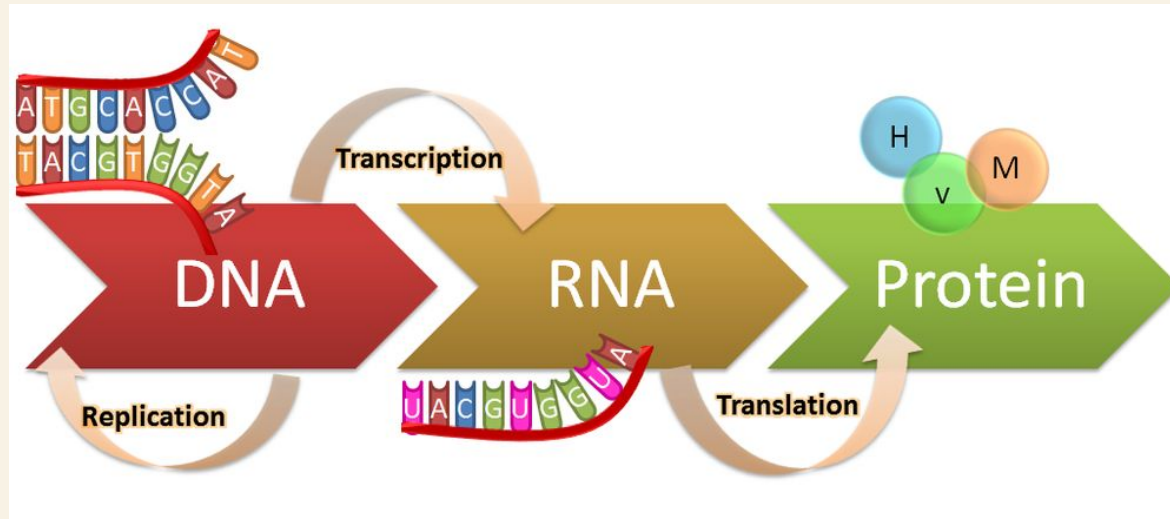
**Question: What is the difference or relationship between DNA, genes and proteins?**



# The Central Dogma

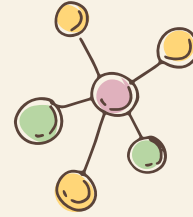


The central dogma of biology is a theory stating that genetic information flows only in **one direction**, from DNA, to RNA, to protein, or RNA directly to protein.



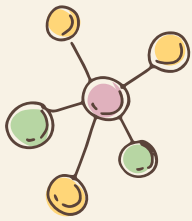
**DNA transcription** copies DNA in the form of RNA or mRNA (messenger). **Translation** is the process of taking RNA and turning it into **proteins**.

# What Are Proteins

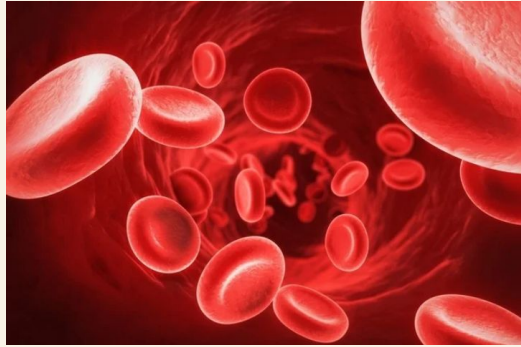


**Question: With your partner discuss:**

1. What are proteins?
2. What is a protein?
3. Do you encounter proteins in your daily life?



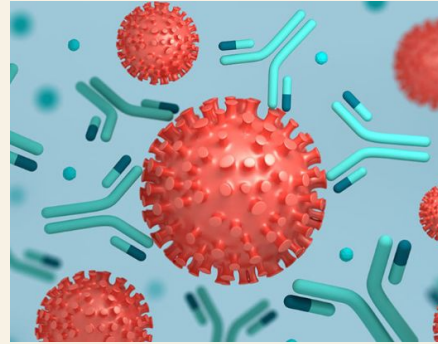
# What Are Proteins



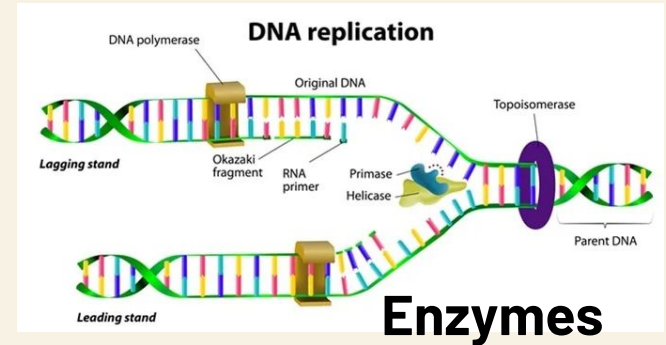
**Hemoglobin**



**Insulin**



**Antibodies**



**Enzymes**

# What Are Proteins

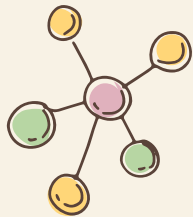


**Proteins:** Are molecules in all living things and responsible for nearly all aspects of normal biological function.

**Amino Acids:** Are the building blocks of proteins. Proteins in humans are made up from varying combinations of 20 amino acids, 9 of which are called essential amino acids because they cannot be made in our bodies and must be received through diet.

A = <input type="checkbox"/>	H = <input type="checkbox"/>	O = <input checked="" type="checkbox"/>	V = <input type="checkbox"/>
B = <input type="checkbox"/>	I = <input type="checkbox"/>	P = <input checked="" type="checkbox"/>	W = <input type="checkbox"/>
C = <input type="checkbox"/>	J = <input checked="" type="checkbox"/>	Q = <input checked="" type="checkbox"/>	X = <input type="checkbox"/>
D = <input type="checkbox"/>	K = <input checked="" type="checkbox"/>	R = <input checked="" type="checkbox"/>	Y = <input type="checkbox"/>
E = <input type="checkbox"/>	L = <input checked="" type="checkbox"/>	S = <input type="checkbox"/>	Z = <input type="checkbox"/>
F = <input type="checkbox"/>	M = <input checked="" type="checkbox"/>	T = <input type="checkbox"/>	
G = <input type="checkbox"/>	N = <input checked="" type="checkbox"/>	U = <input type="checkbox"/>	

**Question: What do you think are the dietary implications of the 9 essential amino acids?**



# Essential Amino Acids

## TOP FOODS RICH IN ESSENTIAL AMINO ACIDS



### Lysine

Meat, eggs, soy, black beans, quinoa, and pumpkin seeds



### Histidine

Meat, fish, poultry, nuts, seeds, and whole grains



### Threonine

Cottage cheese and wheat germ



### Methionine

Eggs, grains, nuts, and seeds



### Valine

Soy, cheese, peanuts, mushrooms, whole grains, and vegetables



### Isoleucine

Meat, fish, poultry, eggs, cheese, lentils, nuts, and seeds



### Leucine

Dairy, soy, beans, and legumes



### Phenylalanine

Dairy, meat, poultry, soy, fish, beans, and nuts



### Tryptophan

High-protein foods, including wheat germ, cottage cheese, chicken, and turkey





# Complexity of Proteins

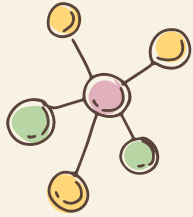


**Question:** If there are only 20 amino acids, how can the human body make up more than 100,000 different proteins?

**20<sup>n</sup>** different combinations.

Amino acid length	Number of possible combinations
1	20
5	3,200,000
20	$1.0 \times 10^{26}$
141 (hemoglobin)	$2.8 \times 10^{183}$





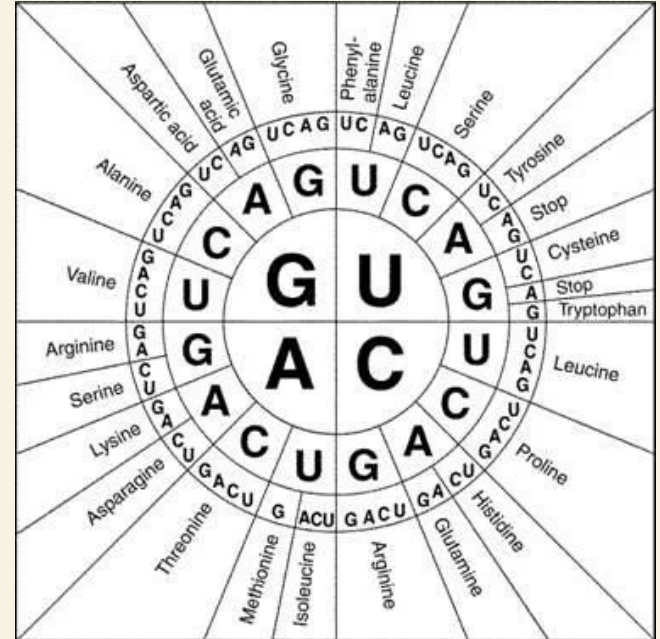
# How are Proteins Made?

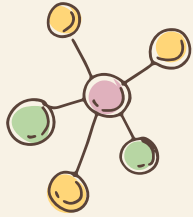
- We can “decode” a mRNA sequence into a protein by using the following chart.
- **Codons** correspond to **three consecutive** bases in an mRNA sequence.
- Start in the center and work your way out!

## Example:

Which amino acid would be coded for by:

**mRNA sequence:** CGAUCACUCAAACAGUGA





# How are Proteins Made?

## Example:

Which amino acid would be coded for by:

**mRNA sequence:** CGAUCACUCAAACAGUGA

**Step 1.** Find your codons (sets of three)

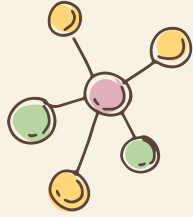
CGA UCA CUC AAA CAG UGA

**Step 2.** Determine the amino acid for each codon by using the table. Start from the center and move out.

**Step 3.** Solve!

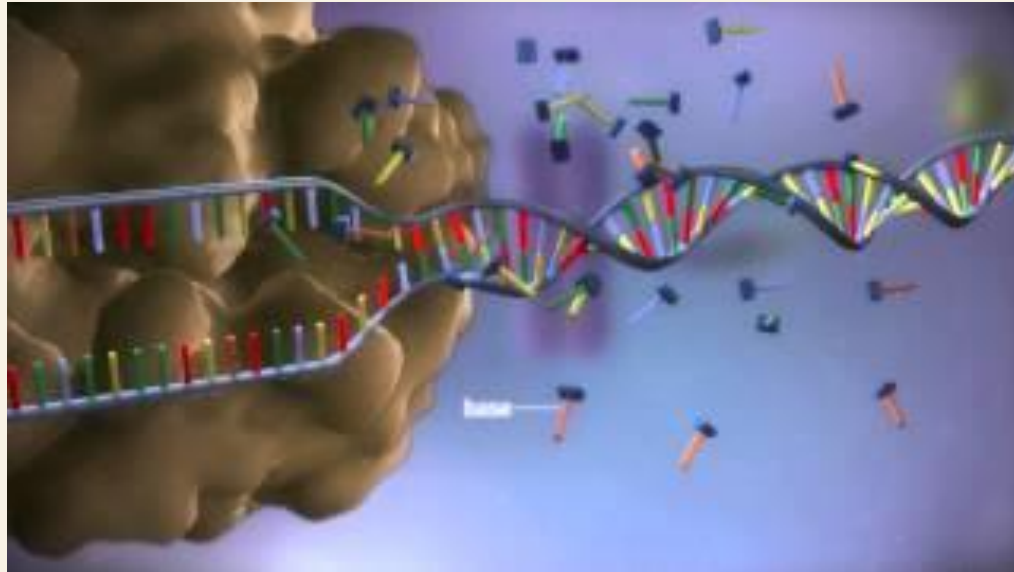
Arginine—Serine—Leucine—Lysine—Glutamine—Stop

Aspartic acid	Glutamic acid	Glycine	Phenylalanine	Leucine	Serine
Alanine	Valine	Arginine	Valine	Tyrosine	Stop
Valine	Arginine	Valine	Valine	Stop	Cysteine
Arginine	Serine	Arginine	Valine	Stop	Tryptophan
Serine	Lysine	Valine	Valine	Leucine	
Asparagine	Threonine	Valine	Valine	Proline	
Threonine	Methionine	Isoleucine	Arginine	Glutamine	Histidine



# The Central Dogma

<https://www.youtube.com/watch?v=gG7uCskUOrA&t=1s>



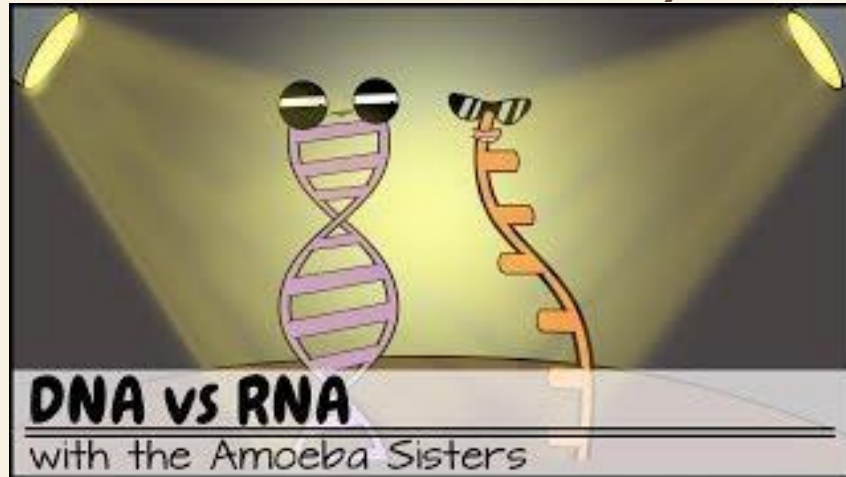
# DNA vs RNA



[https://www.youtube.com/watch?v=JQByjprj\\_mA&t=1s](https://www.youtube.com/watch?v=JQByjprj_mA&t=1s)

(watch

until 2:22s)



# Review



1. What is the central dogma of biology?
2. What are proteins? What are amino acids?
3. What is the difference between DNA and RNA?
4. Why is there a relationship between diet and essential amino acids?
5. What is a codon?
6. Find the amino acid sequence for the following mRNA sequence:
  - a. UCCAACCAGGGGAUUCGAUGA
  - b. UGGGGAUUAUGCCUAGAUAAC

**Challenge Question:** The central dogma of biology explains how genetic information flows from DNA to RNA to proteins. If a mistake (mutation) happens during the process of converting DNA into RNA, how could this affect the protein that is produced? Explain using a diagram and an example sequence.